



DETROIT  
Department of Transportation



# Fresh Wagon FAMILY FITNESS & FUN DAY

Join us for a special edition of Fresh Wagon including a day of fitness, fun and nutrition!

**Saturday, October 14<sup>th</sup>, 2017**

8:30am - 12:30pm (Bus Departs for Eastern Market at 10am)

**Northwest Activities Center**

18100 Meyers Rd, Detroit, MI 48235

**Activities include:** Basic stretching, Beginners karate, Games, Scavenger Hunt, Q&A with the Doctor, Guided Bus Trip to Eastern Market, Prizes & more!

**Free and open to the community!**

Recommended for youth ages 8-13 years old

For questions please contact [Simmons@detroitmi.gov](mailto:Simmons@detroitmi.gov)

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