

Healthy Town Everywhere: Elementary School Nutrition Teaching

Healthy Town Everywhere Elementary School Nutrition Teaching is a program of 6 classes lasting 45 minutes each with a different topic taught every session by a dietetic intern. The focus of the program is to provide students with knowledge to make current and future healthy lifestyle choices. The topics covered in each session will be applied by students at a grocery store tour at the end of the program. This will be a fun time for students to learn and enjoy!

